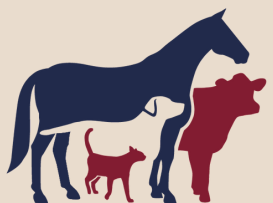


Central Veterinary Services

Guide to Travelling with your Pets



**CENTRAL
VETERINARY**
SERVICES

Attach to your pet's kennel!

Contact Info



Pet Name, Age & Breed:

Owner's Name:

Contact #:

Home Address:

Destination Address:

V E T E R I N A R Y C L I N I C

Central Veterinary Services

Call or Text 204-275-2038

8092, 100 P.T. H. South Perimeter Hwy
Oak Bluff, MB

Veterinarian:

C U R R E N T M E D I C A T I O N S
& M E D I C A L C O N D I T I O N S

E M E R G E N C Y C O N T A C T S

S P E C I A L N O T E S

Health & Documents



GENERAL HEALTH

Always make sure your pet is in good health when travelling. Travelling can potentially be a stressful situation for pets who are not used to it. A pet that is not healthy, could be additionally stressed and cause further issues. Depending on your destination, it may also be required to prove that your pet is in good health to avoid any transmission of contagions and for the safety of your pet.

ONGOING CONDITIONS

If your pet has an ongoing condition that your vet deems still safe to travel with, ensure you have a copy of a statement from your veterinarian confirming your pet's condition. i.e. if your dog coughs when excited due to a collapsing trachea, it is important to have a letter from your vet so there is no concern from officials that there is suspicion of "Kennel Cough" (Bordetella), which is contagious.

DOCUMENTATION

Always check documentation requirements for your destination as you may be required to obtain a variety of records, from a Rabies certificate & vaccine history, to a more in-depth export certificate and/or titre testing lab results.

COPIES, COPIES & COPIES!

Keep copies of your pet's health/medical records. A great tip is to have a copy at home, a copy in your packed bag and a digital copy or photograph on your phone so you've always got easy access to the information. We are happy to help you with this!



Packing Essentials



☐ C A R R I E R / K E N N E L

☐ P O O P B A G S

☐ L E A S H

☐ C O L L A R / H A R N E S S

☐ I D T A G S

☐ F O O D & W A T E R

☐ C O L L A P S I B L E
B O W L S

☐ T R E A T S

☐ T O Y S

☐ B E D & B L A N K E T

☐ M E D I C A T I O N S

Including flea/tick & heartworm preventions as needed.

☐ M E D I C A L
R E C O R D S &
T R A V E L
D O C U M E N T S

with multiple copies!

☐ P E T W I P E S

☐ A N Y O T H E R
S P E C I A L I T E M S :

☐ _____

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Car Travel



GET COMFY IN THE CAR

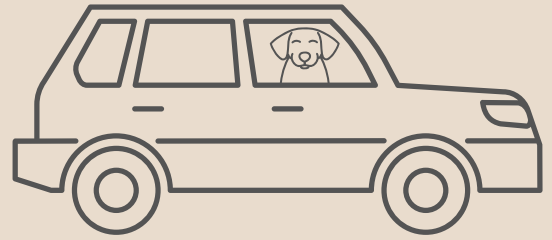
Leading up to your trip, we recommend getting your pet comfortable with your vehicle. Start with putting their carrier in your vehicle for brief periods with rewards, then start taking short trips that gradually increase in duration and always reward your pet afterwards so they associate the carrier and the vehicle ride as a positive experience.

MOTION SICKNESS

If you notice your pet has issues with motion sickness during car rides, talk to your veterinarian about appropriate precautions or steps that you can take to help alleviate this sensation for your pet.

FOOD & WATER

Feed your pet a small meal a few hours prior to travel as a large meal right before a vehicle ride can result in the potential of nausea or vomiting. To reduce the chance of car sickness, feed and water your pet during pit stops, ideally out of the vehicle instead of during travel. Bring water from home or bottled water, especially for the trip. Drinking water from an unfamiliar source, can sometimes be unappealing to pets and it may cause an upset stomach.



CONTAINING YOUR PET

Make sure to keep your pet restrained during the car ride. A loose pet can cause a distraction to the driver as well as being a safety hazard to your pet in the event of an accident. The safest place for your pet to be during travel is in the back seat, in a carrier that is anchored by a seatbelt. To ensure your pet's comfortability, it is recommended to have a carrier that your pet can stand up and turn around easily in.

SAFETY FIRST!

Other alternatives to a carrier can include a harness with a pet seatbelt, although it is worth noting that these have not necessarily been tested and proved to protect your pet during a car crash. Although your pet may enjoy having their head out the window, there is risk (especially on highways) of having debris in the wind strike them or having potential damage to your pet out the window in the event of a car crash.

Car Travel

I D E N T I F I C A T I O N

Remember to have your Pet ID information as needed. Tags and microchips can help to identify a lost pet. If travelling more locally, a tattoo can also be traced back to an owner's information through a local Humane Society. For longer trips, you can get a pet ID tag with your destination location as well as home location. ID tags or labelling directly on your carrier can also increase the chances of its return if the carrier were to be accidentally left behind.

R E C O R D S

Always make sure you have your pet's medical/vaccine history records with you in case you require them for a vet visit, destination requirements or border crossings.

B R E A K S

Try to avoid leaving your pet alone in the vehicle for any lengthy period, especially on very hot or very cold days. On a warm day, in the shade with the windows cracked, the temperature inside a vehicle can easily reach 120°C in only minutes. Heatstroke, brain damage and even death are real possibilities as our pets can't perspire and only dispel heat by panting and through the pads of their feet.

B A T H R O O M P I T S T O P S

During pit stops, allow your pet the chance to not only relieve themselves by means of elimination, but also allow them a chance to stretch their legs where safe and appropriate to do so. Remember to pack poop bags so that you can clean up after your pet during your travels!



Air Travel



B O O K I N G

Once you book your flight, most airlines require that you contact them directly within 24-48 hours after booking to add a pet on to your booking.



C A R R Y - O N T R A V E L

For smaller pets, the option of bringing your pet as a carry-on to be stowed under the seat in-front of you is commonly offered by many airlines.

Most airlines require that your pet be able to stand and turn around comfortably in their carrier in order to travel this way. A carrier height maximum of between 8-10 inches is often noted in airline pet-policies. Be sure to check with your specific airline for their requirements for travelling with your pet in this way as each airline and sometimes even each type of plane within an airline may have different specifications for carrier size, pet weight, etc.

E A R P O P P I N G

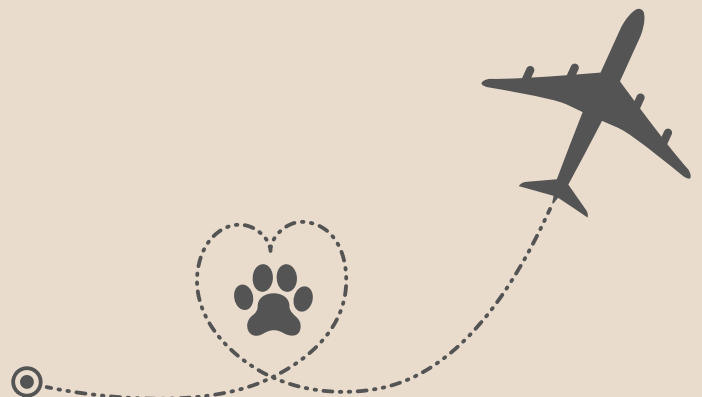
Pack a toy for your pet in their kennel so they can chew on it during the flight. Just as it can in humans, pressure can build up in your pet's ears and be uncomfortable. Chewing on a toy can relieve some of this pressure much as we do with gum or yawning/popping our ears.

F E E D I N G

Before travel, feed your pet a light meal (an overly heavy meal can cause an upset stomach during the flight) and give them water within 4 hours prior to your flight departure.

C A R G O T R A V E L

The other option for air travel with pets is to have them, along with their carrier, checked in with luggage. They would travel in the luggage cabin below the passenger deck. Again, be sure to check in advance about your airline and plane type's requirements for carrier specifications, weight limits, etc. Be mindful that some airlines will not allow brachycephalic (short-snouted) pets such as bulldogs to travel this way due to their increased risk of breathing difficulties and heatstroke.



Air Travel



BATHROOM BREAKS

Check out your airports in advance & plan out bathroom breaks. Many airports are installing "pet relief areas" so your pet can have an appropriate and quickly available location to go to the bathroom. (Packing pee pads for emergencies or lining your carrier with one for accidents during the flight can save you from a potential mess.)

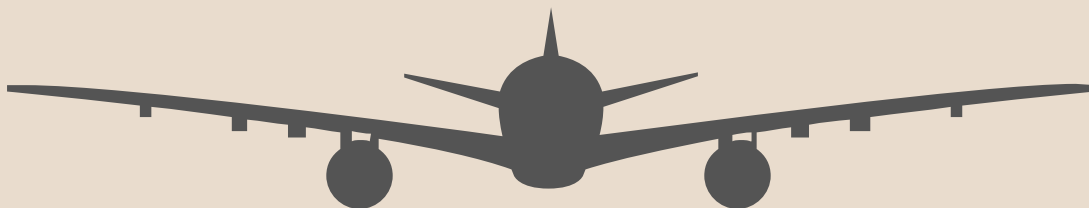


DOCUMENTATION

Make sure to have those documents complete & readily available, especially when travelling between countries! If documentation is incomplete or not available, officials can refuse your pet entry to the country and have them returned to their location of origin. Pets may also be required to complete a quarantine protocol upon arrival. This is not to scare people away from travelling with their pets, but to ensure responsibility and the safety of your pet as well as animals and people in your destination country. Research may be required, but it is completely doable!

IDENTIFICATION

Remember to have your Pet ID information as needed. Tags and microchips can help to identify a lost pet while travelling. Microchips offer a more universal identification that cannot fall off/be removed like a collar, which makes microchips ideal for longer distance travel. ID tags or labelling directly on your carrier can also provide ensure it's return if the carrier were to be accidentally left behind. For longer trips, you can get a pet ID tag with your destination location as well as home location.



Other Locations



Hotels, Restaurants and More!

Helpful Apps!

D O N ' T A S S U M E

Don't assume it's a yes or no – check for signs that say “no pets” or “pet friendly” and when in doubt, just ask!

Z O N E S

Be respectful of “zones”. Some places may have specific pet-friendly areas that are separate from the non-pet friendly areas. Be sure to know the zones and respect the boundaries.

C H E C K Y O U R P E T

Be responsible for your pet's behaviour. If you pet goes to the bathroom, be sure to clean up appropriately. If your pet can be weary or aggressive with others, make sure those around you are aware and bring a muzzle or leash tag as a visual aid to others if needed.

F I N D I N G Y O U R P L A C E

Bring Fido – find the best local attractions that are welcoming to pets. Plus, you can find, research, review, and even book pet-friendly hotels right from the app!

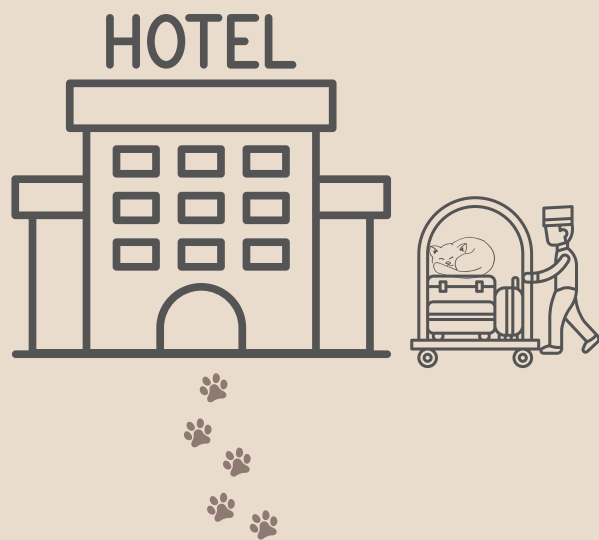
Bark Happy – This location-based app will show you all the dog-friendly locations nearby. You'll even be able to take a look at each place's pet policies and amenities so you never have to guess what you're taking your pet into.

P E T F I R S T A I D

Pet First Aid App – Created by the American Red Cross, this app for cat and dog owners helps you take care of emergencies your pet might encounter. In the event of an emergency, it will give you step by step instructions for how to handle it. It will also help you locate the nearest animal hospitals.

L O C A L T R A N S P O R T

SpotOn.pet – A pet-friendly ride-sharing app! Many drivers will even have pet-specific amenities like carriers and safety harnesses.



Pro Tips



FIND OTHERS WITH PETS

Befriend other pets and their owners. They'll let you in on their favorite hangouts, the best pet-friendly restaurants in the area, which vets they trust and so on! Pet owners know best, and they're a great resource to have. Here are the best ways to find some local resources:

IN PERSON

Find other pet owners in areas such as parks or other pet-friendly locations you've already found. Local pet enthusiasts will have a great idea of some must see locations that are welcoming to your furry friend.

ONLINE

Instagram - Look up hashtags, like #dogsof(enter your location). You can see places they've tagged and you can send some locals a message asking for tips.

Find an online community - Many online communities host meetups and social gatherings that you and your pet can join. They're also a great place to ask questions.

PET SUPPLIES STORES

Local pet shops are great resources for information. Many employees have pets of their own and may know of some great spots and information. Many stores also post flyers for local services, activities and more.

LEASH LABELS

Leash tag labels can convey a message to those around you about your dog. They often come available with labels such as "FRIENDLY", "CAUTION", "NO DOGS", "TRAINING" and more. They can be purchased easily on Amazon.

RESOURCES

<https://www.cdc.gov/importation/bringing-an-animal-into-the-united-states/index.html>

(Travelling with your Pets Resource - Travelling to the USA)

<https://travel.gc.ca/travelling/documents/animals-certificate>

(Travelling with your Pets Resource - Canadian International Health Certificate)

<https://www.aircanada.com/ca/en/aco/home/plan/special-assistance/pets.html#/>

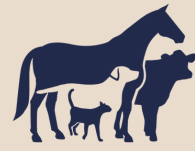
(Travelling with your Pets Resource - Air Canada flying with your pet requirements)

<https://www.westjet.com/en-ca/pets>

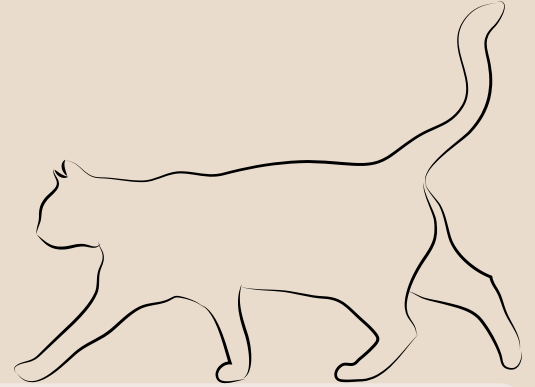
(Travelling with your Pets Resource - WestJet flying with your pet requirements)



In Your Own
Words...



**CENTRAL
VETERINARY
SERVICES**



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NEED HELP?

WE'RE JUST A CALL / TEXT
AWAY AT 204-275-2038
INFO@CENTRALVET.CA